



Terms & Conditions

At Optimum Athletics SA, we are committed to providing every athlete with the best possible training experience in a safe, structured, and professional environment. Please read the following Terms & Conditions carefully. These apply to all training sessions and packages.

1. Payments

- Training package fees are payable at the **start of each month**, covering all sessions for that month.
- If payment is not received by the **end of the first week of the month**, the athlete will be notified. If payment remains outstanding, training will be paused until fees are settled.

Banking Details:

Bank: Capitec

Account Name: Optimum Athletics

Account Number: 1622630546

Branch Code: 470010

Payment Reference: Name, Surname, and Month (e.g. Jason Anderson, Oct)

Proof of Payment: Send to finances@optimumathleticssa.co.za

2. Indemnity Forms

- A signed indemnity form must be submitted to info@optimumathleticssa.co.za before the athlete attends their first training session.

3. Cancellations and Missed Sessions

- Missed or cancelled sessions **cannot** be carried over to the following month.
- If a session is missed or cancelled by the athlete, the session is forfeited.
- If **Optimum Athletics SA** cancels a session, it will be rescheduled in the same week where possible. If not, alternative arrangements will be made to either catch up or refund the session.
- Athletes may discontinue their training at any time. **No notice period is required.** Simply discontinue payment for the following month.
- If an athlete discontinues training mid-month, **no refunds** will be issued for the remaining sessions.

4. Weather Conditions

- Training will proceed in rainy conditions and may move to the **covered pavilion**, unless cancelled by coaches.
- In the event of **severe or dangerous weather** (e.g., heavy rain with gale-force winds), athletes will be notified via the WhatsApp group if the session is cancelled or moved indoors.
- If no cancellation notice is sent, the session will proceed as scheduled.

5. Media Consent

- By participating in Optimum Athletics SA training sessions, the athlete grants permission for photos and videos to be taken during training, events, and competitions.
- These materials may be used for promotional purposes on social media, the official website, or in printed material related to Optimum Athletics SA.
- If you do not wish to have your or your child's image or name used, please notify us in writing by emailing info@optimumathleticssa.co.za.
- We respect your privacy and will never tag or identify athletes by full name unless consent is received.